Charter for Student Rights on Mental Health

www.nusconnect.org.uk/mentalhealthcharter

1. Students have the right to a learning environment free from discrimination and stigma.
2. Students have the right to be equal partners in shaping mental health support.
3. Students have the right to a holistic approach to mental health.
4. Students have the right to enjoy social media without fear of hate.
5. Students have the right to know where to go for help.
6. Students have the right to mental health support which meets the needs of the diverse student population.
7. Students have the right to know that all staff will be confident in supporting their mental health.
8. Students have the right to access mental health support without barriers.
9. Students have the right to mental health support even if their circumstances change.
10. Students have the right to study at an institution which understands effective suicide prevention and postvention.