

Charter for / Student Rights / on Mental Health

www.nusconnect.org.uk/mentalhealthcharter

- 1.** Students have the right to a learning environment free from discrimination and stigma.
- 2.** Students have the right to be equal partners in shaping mental health support.
- 3.** Students have the right to a holistic approach to mental health.
- 4.** Students have the right to enjoy social media without fear of hate.
- 5.** Students have the right to know where to go for help.
- 6.** Students have the right to mental health support which meets the needs of the diverse student population.
- 7.** Students have the right to know that all staff will be confident in supporting their mental health.
- 8.** Students have the right to access mental health support without barriers.
- 9.** Students have the right to mental health support even if their circumstances change.
- 10.** Students have the right to study at an institution which understands effective suicide prevention and postvention.

